

Bistro menu

Mid-Week Special (Available Monday - Friday)

*Includes any dishes with **

2 Courses €13.95

3 Courses €18.95

Complete order to be given upon ordering

Starters

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| * Soup of the day | €4.20 |
| Crusty bread Roll, local dairy butter (coeliac soup and roll available on request) (Contains: milk, celery, soy, mustard may contain gluten) | |
| Duck Liver pate/spiced apple chutney/toasted brioche | €6.40 |
| (Contains: Gluten, celery, milk, mustard, crustaceous) | |
| Greencastle seafood, bacon and leek chowder | €6.30 |
| Sour dough cob/local dairy butter. (Contains: Gluten, crustaceous, celery, milk, fish, mustard) | |
| St.Tola Goat's cheese and beetroot tart | €5.85 |
| Red onion marmalade/wild herb salad/aged balsamic reduction (Contains: Gluten, nuts, milk, eggs, soy,) | |
| * Creamy chicken, ham vol-au-vent | €6.00 |
| Mustard cress/flavoured oils | |
| As main | €11.30 |
| (Contains: Gluten, milk, eggs, celery, sulphur dioxide) | |
| * Bacon & cheese potato skins | €5.95 |
| Crispy potato shells/bacon/cheese/sour cream drizzle/guacamole (Contains: milk, nuts, soy, celery, mustard) | |
| Mini chicken Bang-Bang/dressed raw spinach/ tandoori mayo | €5.95 |
| (Contains: milk, eggs, soy, mustard, celery, sesame, sulphur dioxide, Gluten) | |
| Corn Nachos shadows style | €6.10 |
| Chilli beef/jalapeños/cheese/guacamole/Garlic mayo/chilli ketchup (Contains: Gluten, milk, soy, fish product, nuts, celery, eggs, mustard, sulphur dioxide) | |
| * Golden fried Inishowen mushrooms | €5.50 |
| Cream cheese & chive stuffing /roast garlic aioli (Contains: Gluten, milk, eggs) | |
| * Classic Caesar Salad | €5.60 |
| Herb croutons/28 day matured dressing/aged parmesan/bacon lardons (Contains: Gluten, milk, eggs, fish product, mustard, soy, nuts, celery, sesame) | |

Salads

Classic chicken Caesar €13.95

Herb croutons /28 day matured dressing/aged parmesan/bacon lardons
(Contains: Gluten, milk, eggs, fish product, mustard, soy, nuts, celery, sesame)

Deep South rubbed steak and caramelised pecan salad €19.10

Medallions of dry aged fillet/mixed leaves/Cashel blue cheese/cherry tomatoes/crotons/red onion marmalade/lemon dressing
(Contains: Nuts, gluten, milk, celery, sesame, soy, mustard)

Meat

(Our beef, lamb, pork and burgers are from Grant's butchers Buncrana drumlin farm 100% Irish)

(Our steaks are dry hung heritage Irish Beef)

Sirloin steak

6oz €16.30

10oz €20.10

French fried onions/ black pepper cream sauce,

Fillet steak

6oz €19.80

10oz €25.10

French fried onions/black pepper cream sauce,

Mamore Fillet

Spiced apple chutney/ Irish blue cheese/pot of bacon champ (Complete dish)

(Contains: Milk, soy, sulphur dioxide, mustard, coruscations)

6oz €21.80

10oz €25.95

* Home-made Sicilian Lasagne

Garlic ciabatta / Roman salad €11.95

(Contains: Gluten, milk, eggs, celery, soy mustard)

*** Roast of the day** €10.95

Creamed Roaster potato/seasonal mixed vegetables/roast Jus,
(Contains: milk, eggs, celery, mustard, soy, sulphur dioxide, may contain gluten)

Burgers

(Our burgers are made by Grants butchers Buncrana)

- Shadows Burger** €12.10
Grated cheese/cured bacon/dressed bap/tobacco onions, (side order)
(Contains: gluten, milk, eggs, celery, soy, mustard, sulphur dioxide)
- * Classic burger** €11.90
Dressed bap/house coleslaw (side order)
(Contains: gluten, milk, eggs, celery, soy, mustard, sulphur dioxide)

Vegetarian

- * Roast beetroot & goats cheese stack** €11.95
Raw dressed soft herbs/toasted pine nuts/beetroot reduction, (side order)
(Contains: gluten, milk, eggs, nuts,)
- * Wild mushroom and baby spinach Risotto** €11.50
Aged parmesan/Modena balsamic reduction/Zuni Fries (complete dish) (Contains: milk, sulphur dioxide)

Fish dishes

(All our fish and shellfish is from Greencastle and Killybegs auctions supplied by John Byrne)

- * Shadows famous crispy battered Cod fillet** €13.95
Home-made tartare/mushy peas/house salad, (side order)
(Contains: gluten, celery, milk, eggs, sulphur dioxide, fish)
- Pan-fried Cod** €14.95
Sauté potato/bacon/spring onions/baby spinach/chorizo sauce, (complete dish)
(Contains: gluten, fish, milk, eggs,)
- Seared Killybegs salmon (Cajun style on request)** €15.95
Herb mash/crispy cabbage/Hollandaise sauce, (complete dish)
(Contains: fish, milk, eggs, mustard, soy, sulphur dioxide, gluten)
- Grilled Seabass** €16.95
Pan-fried new potatoes/pancetta/wild rocket & spinach/hollandaise, (complete dish)
(Contains: eggs, gluten, fish, mustard, celery, sulphur dioxide, milk)

Chicken

(Our chicken is of 100% Irish origin)

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| Bang Bang chicken | €14.95 |
| House salad/Bang bang mayo/prawn crackers/curried slaw, (side order) (Contains: milk, eggs, soy, mustard, celery, sesame, sulphur dioxide, Gluten) | |
| * Louisiana chicken | €14.95 |
| BBQ sauce/Grated cheese & cured bacon/soft tortilla, (side order) (Contains: milk, eggs, mustard, fish product, celery, soy, gluten) | |
| BBQ Big bird Burger | €14.50 |
| Blackened BBQ chicken/cured bacon & cheese/wild rocket/Guacamole/ onion rings/coleslaw, (side order) (Contains: gluten, milk, eggs, celery, soy, mustard, sulphur dioxide, fish product) | |
| Cajun chicken | €14.95 |
| Tobacco onions/Tuscan chorizo cream sauce, (side order) (Contains: milk, eggs, mustard, celery, soy, sesame, gluten) | |
| * Shadows goujons | €14.20 |
| Roast garlic aioli/BBQ sauce/house coleslaw, (side order) (Contains: gluten, eggs, milk, mustard, fish product, soy, sesame, celery) | |
| Lake Style Salt N Chilli Chicken | €14.95 |
| Singapore style rice/prawn crackers. (side order) (Contains: Gluten, Milk, Mustard, soy, celery, sesame seeds, sulphur dioxide) | |
| Chicken & roast chorizo fettucine | €14.10 |
| Roast chorizo & mixed pepper reduction/garlic ciabatta/dressed wild herbs. (Complete dish) | |
| * Half roast Spit Irish chicken | €14.50 |
| Bacon wrapped stuffing ball/ roast potato (side order) (Contains: Gluten, milk, celery, sesame, soy) | |
| Chicken Maryland | €14.50 |
| Breaded Chicken Escalope/ tomato wrapped in bacon/ Fruit fritters (contains: Gluten, Milk, Sulphur dioxide, soy, celery, sesame) | |

Side orders

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| Chips | €3.00 |
| Sweet chilli potatoes | €3.00 |
| Parmesan chips | €3.00 |
| Creamed potatoes | €3.00 © |
| Taco chips * | €4.95 (* 2.00 supplement with any main course) |
| Champ | €3.50 © |
| French fried onions | €3.50 |
| Sauté/ garlic potato | €3.00 ©** |
| House coleslaw | €3.50 © |
| Seasoned wedges | €3.00 |
| Baby potatoes | €3.50 © |
| Side salad * | €3.70 © |
| Sweet potato chips | €3.00 |
| Caesar salad | €3.50 |
| Wild rocket and parmesan salad | €3.00 |
| Skinny Fries | €3.00 |
| Sauté mushrooms/onions | €3.00 © |

Taco chips

(Contains: celery, mustard, fish product, soy, sesame)

Champ

(Contains: milk,)

(© = Coeliac friendly)

(©** Please inform our service team if coeliac version is required)

(Complete Dish)= no side order.

(*) Supplement charge when ordered with any main course.

Something Sweet...

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|--|-------|
| * Short crust Apple pie | €4.95 |
| Vanilla anglais/fresh or ice cream, (Contains: gluten, milk, eggs,) | |
| * Caramel Houdini | €5.20 |
| White chocolate crust/coconut/ oozing caramel, (Contains: milk, eggs,) | |
| Shadows Baked Alaska | €4.95 |
| Vanilla & strawberry ice cream/ Genoese sponge/ fruit/ hot meringue, (Contains: milk, eggs, gluten, sulphur dioxide) | |
| * Hot chocolate fudge cake | €4.95 |
| Vanilla ice cream, (Contains: gluten, milk, eggs) | |
| White chocolate, vanilla and salted caramel cheesecake | €4.95 |
| Ginger nut base/raspberry compote/short bread (Contains: gluten, eggs, milk, nuts,) | |
| Everest temptation | €5.20 |
| Warm brownie/crushed meringue/honeycomb ice-cream/maltesers/warm butterscotch Served in an edible cone. (Contains: Gluten, eggs, nuts, milk) | |
| * Selection of Irish dairy ice-cream | €4.95 |
| Vanilla/ strawberry/ chocolate/ mint/ honeycomb/ rum & raisin (choose any three) (Contains: milk, eggs may contain nut traces) | |

To finish...

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|-----------------------------|-------|----------------|-------|
| Fair trade Black tea | €1.60 | Earl Grey | €2.00 |
| Fairtrade green tea | €2.00 | Peppermint tea | €2.00 |
| Ground roast Arabica coffee | €1.70 | White coffee | €2.70 |
| Café latte | €2.70 | Espresso | €2.20 |
| Irish coffee | €5.20 | Coffee Royal | €5.20 |
| Baileys coffee | €5.50 | Italian coffee | €5.50 |

(Full fat/ low fat/ soy milk available please inform our service team when ordering)

Note from the Chef

At the lake of shadows Hotel we pride ourselves on using only the best local produce,

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|---|------------------------------------|
| Beef, Pork, Lamb, Burgers | Grants of Buncrana & Drumlin farm, |
| Duck | Silver hill farm, Monaghan. |
| Fish & shellfish supplied by John Byrne, | Greencastle and Killybegs auctions |
| Butter | Donegal creameries, |
| Milk & cream | Donegal creameries, |
| Potatoes & Chips | Strain family farm, Burnfoot |
| Rapeseed oil | Donegal rapeseed oil, |
| Honey | Inishowen honey, |
| General catering supplies | Pallas foods, |
| Bacon, Ham | Glenside Bacon co. Letterkenny |
| Sausages, Pudding | Loughnans Butches Galway, |
| Specialist Ingredients | B.D. Foods/Sosa. |

For us to maintain the high quality of our food we must cook to order this means some dishes may take up to 30 minutes to prepare and may be longer during busy periods.

Although great care has been taken in the preparation of all our seafood some small bones may still remain.

Please be aware that the Kitchen has Milk/ Soya/ flour/ mustard/ and mixed nuts in stock, please inform our waiting team of any allergies.

“If you enjoyed your experience with us tell everyone, if you did not please tell us.”

